



Salt N Pepper Kitchen & Catering

Authentic Nigerian food · Dine-in · Takeout · Catering

(469) 298-2540

2376 Lavon Dr, Ste 106A, Garland, TX 75040
Tue-Sat 11 AM – 8 PM · Sun 1 – 6 PM · Mon closed

Starters

A1	Bowl of Pepper Soup	\$24.00
	Goat meat or assorted meat	
A2	Whole Tilapia Pepper Soup	\$25.00
A3	Catfish Pepper Soup	\$25.00
A4	Cow Leg Pepper Soup	\$21.50
A5	Chicken Pepper Soup	\$19.50
A6	Seafood Pepper Soup	Ask for price

Seafood

S1	Eja Kika	\$16.00
S2	Stock Fish	\$22.00
S3	Mackerel	\$6.00
S4	Fresh Fish	\$25.00
S5	Grilled Whole Tilapia	\$29.99
	With fried plantain & stew	

Beverages

Soft Drinks	\$4.99
Coca-Cola, Diet Coke, Dr Pepper, Fanta, Sprite, Schweppes	

Entrées

F1	Amala Abula Style	\$27.50
	Amala, ewedu & gbegiri with beef, cow leg and saki	
F2	Amala Abula Goat Meat	\$34.50
	Three goat meat	
F3	Abula with All Beef	\$29.50
	Amala, ewedu & gbegiri with three beef	
F4	Amala Abula Eja Kika	\$32.50
	Amala, ewedu & gbegiri with eja kika	
F5	Abula Assorted	\$36.50
	Amala, ewedu & gbegiri with cow leg, abodi, saki, roundabout, onigbawe	
F6	Jollof Rice	\$29.50
	With three beef & plantain	
F7	Jollof Rice with Soft Chicken	\$20.50
F7	Jollof Rice with Hen	\$25.50
F8	Jollof Rice	\$36.50
	With assorted meats & plantain	
F9	Jollof Rice	\$34.50
	With three goat meat	
F10	Ofada Rice	\$30.50
	With diced meat, egg & plantain	
F11	White Rice & Beans	\$30.50
	With ayamase stew & plantain	
F12	White Rice & Beans	\$36.50
	With assorted meats & plantain	
F13	Ewa Agoyin	\$24.50
	With diced beef & plantain	
F14	Pounded Yam Assorted	\$36.50
	With your choice of soup & cow leg, abodi, saki, roundabout, onigbawe	
F15	Pounded Yam Goat Meat	\$34.50
	With your choice of soup & three goat meat	
F16	Original Fufu Assorted	\$39.00
	With your choice of soup & cow leg, abodi, saki, roundabout, onigbawe	
F17	Original Fufu Regular	\$30.50
	With your choice of soup & beef, saki, cow leg	
F18	Jollof Rice with Turkey	\$29.50
F19	Spaghetti with Turkey	\$22.50
F20	Village Rice	\$26.50
F21	Fried Rice	Jollof price +\$2
	Any jollof plate, made with fried rice	
F22	Yam Porridge	\$25.00



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Soups

L1-L4 come with your swallow. Premium soups L5-L9 are served with your choice of swallow.

L1	Efo Elegusi Soup	+\$2.00
	Melon-seed and vegetable soup	
L2	Gbegiri & Ewedu	Included
	Bean soup with jute-leaf soup	
L3	Efo Riro Soup	Included
	Rich spinach stew	
L4	Ogbono Soup	+\$2.00
	Wild-mango-seed soup	
L5	Meat Lover's Okra	\$36.50
	With your choice of swallow & cow leg, abodi, saki, roundabout	
L6	Seafood Okra	\$39.99
	With your choice of swallow & variety of seafood	
L7	Oha Soup	\$35.99
L8	Bitter Leaf Soup	\$35.99
L9	Edikang Ikong Soup	\$35.99

New to Nigerian food?

A swallow (amala, pounded yam, fufu) is a soft dough you pinch off and dip in soup. Abula = amala with ewedu and gbegiri. Assorted meat = cow leg, abodi, saki, roundabout and onigbawe.

Extra Meat

M1	Extra Goat Meat	\$8.00
M2	Extra Ponmo	\$7.50
M3	Extra Chicken	\$3.50
M3	Extra Hen	\$5.00
M4	Extra Beef	\$6.00
M5	Extra Saki	\$5.00
M6	Extra Cow Leg	\$5.50
M7	Extra Abodi	\$7.50
M8	Extra Snail	\$30.00
M9	Extra Roundabout	\$7.50
M10	Saki Onigbawe	\$7.50

Good to know

If you have a food allergy, please let us know. 10% gratuity on parties of 6 or more. Meat might come with bone.

Catering

Weddings, birthdays, conferences, AGMs and gatherings. Every dish is available in trays, coolers and small plates. Call (469) 298-2540 or email saltandpeppercateringservice@gmail.com